

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:4, starttime: 14:04

Heat: 4/8 Lane : 2 Athlete: MAVRIQI ARRITA

Q-time: 00:36:75

PB (25m pool): 00:39.76 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:36.75 SB: no time

	25 M	50 M	
PB		00:39.76	
		00:39.76	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:5, starttime: 14:05

Heat: 5/8 Lane : 3 Athlete: CLAESSENS MARIE

Q-time: 00:34:65

PB (25m pool): 00:34.65 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:35.89 SB: no time

	25 M	50 M	
PB		00:34.65	
		00:34.65	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:6, starttime: 14:06

Heat: 6/8 Lane : 1 Athlete: BROUWERS PHEBE

Q-time: 00:33:63

PB (25m pool): 00:34.29 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:33.63 SB: no time

	25 M	50 M	
PB		00:34.29	
		00:34.29	
			

Coach feedback:

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Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:06
Heat: 6/8 Lane : 4 Athlete: LAZEROMS SIEN			Q-time: 00:32:72
PB (25m pool): 00:32.72 Herentals 09/05/2026			PB (50m pool): 00:32.73 SB: no time
	2 5 M	5 0 M	
PB		00:32.72	
		00:32.72	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:07
Heat: 7/8 Lane : 1 Athlete: VAN GINNEKEN MARIT			Q-time: 00:32:02
PB (25m pool): 00:32.02 Antwerpen 12/10/2025			PB (50m pool): 00:32.12 SB: no time
	2 5 M	5 0 M	
PB		00:32.02	
		00:32.02	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:07
Heat: 7/8 Lane : 2 Athlete: MICHIELSEN JINTHE			Q-time: 00:31:41
PB (25m pool): 00:31.53 Antwerpen 12/10/2025			PB (50m pool): 00:31.41 SB: no time
	2 5 M	5 0 M	
PB		00:31.53	
		00:31.53	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:8, starttime: 14:08
Heat: 8/8 Lane : 2 Athlete: LUYTEN JULIE			Q-time: 00:30:07
PB (25m pool): 00:30.78 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:30.07 SB: no time
	2 5 M	5 0 M	
PB		00:30.78	
		00:30.78	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:8, starttime: 14:08
Heat: 8/8 Lane : 4 Athlete: BROUWERS MISCHA			Q-time: 00:30:04
PB (25m pool): 00:30.04 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:35.35 SB: no time			
	2 5 M	5 0 M	
PB		00:30.04	
		00:30.04	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:12
Heat: 3/9 Lane : 3 Athlete: JOOSEN CIS			Q-time: 00:37:69
PB (25m pool): 00:38.06 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:37.69 SB: no time			
	2 5 M	5 0 M	
PB		00:38.06	
		00:38.06	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 14:14
Heat: 4/9 Lane : 5 Athlete: CLAESSENS VIC			Q-time: 00:34:57
PB (25m pool): 00:34.75 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:34.57 SB: no time			
	2 5 M	5 0 M	
PB		00:34.75	
		00:34.75	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 14:18
Heat: 8/9 Lane : 6 Athlete: JORISSEN QUINTEN			Q-time: 00:28:69
PB (25m pool): 00:28.69 Kalmthout 08/02/2026 PB (50m pool): 00:29.57 SB: no time			
	2 5 M	5 0 M	
PB		00:28.69	
		00:28.69	
			

Coach feedback:

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Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:2, starttime: 14:22
Heat: 2/2 Lane : 3 Athlete: DELVA SAM			Q-time: 00:41:74
PB (25m pool): 00:41.74 Arendonk 30/11/2025			PB (50m pool): 00:41.99 SB: no time
	2 5 M	5 0 M	
PB		00:41.74	
		00:41.74	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 14:31
Heat: 6/8 Lane : 3 Athlete: MATTHEEUSEN ELLA			Q-time: 00:34:90
PB (25m pool): 00:34.90 Herentals 09/05/2026			PB (50m pool): 00:36.35 SB: no time
	2 5 M	5 0 M	
PB		00:34.90	
		00:34.90	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:32
Heat: 7/8 Lane : 6 Athlete: LUYTEN JULIE			Q-time: 00:34:85
PB (25m pool): 00:34.85 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:34.86 SB: no time
	2 5 M	5 0 M	
PB		00:34.85	
		00:34.85	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:34
Heat: 8/8 Lane : 1 Athlete: VAN GINNEKEN MARIT			Q-time: 00:33:09
PB (25m pool): 00:33.09 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:33.90 SB: no time
	2 5 M	5 0 M	
PB		00:33.09	
		00:33.09	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:34
Heat: 8/8 Lane : 3 Athlete: MICHIELSEN JINTHE			Q-time: 00:30:72
PB (25m pool): 00:30.72 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:31.80 SB: no time			
	2 5 M	5 0 M	
PB		00:30.72	
	00:30.72		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MIXED 10-9			Heat:1, starttime: 14:45
Heat: 1/2 Lane : 2 Athlete: DOCKX JAMES			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MIXED 10-9			Heat:1, starttime: 14:45
Heat: 1/2 Lane : 3 Athlete: VAN GESTEL JULINE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MIXED 10-9			Heat:2, starttime: 14:46
Heat: 2/2 Lane : 3 Athlete: VAN LOON SCOUT			Q-time: 00:45:38
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:17
Heat: 5/10 Lane : 2 Athlete: CLAESSENS MARIE					Q-time: 01:29:81
PB (25m pool): 01:29.81 Kalmthout 08/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.81	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 15:19
Heat: 6/10 Lane : 5 Athlete: MAVRIQI ARRITA					Q-time: 01:26:34
PB (25m pool): 01:26.34 Kalmthout 08/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.34	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:25
Heat: 9/10 Lane : 1 Athlete: BROUWERS PHEBE					Q-time: 01:16:55
PB (25m pool): 01:16.55 Kalmthout 08/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.55	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:25
Heat: 9/10 Lane : 3 Athlete: BROUWERS MISCHA					Q-time: 01:13:60
PB (25m pool): 01:13.60 Kalmthout 08/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.60	
	no time				
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:25
Heat: 9/10 Lane : 5 Athlete: MATTHEEUSEN ELLA					Q-time: 01:15:89
PB (25m pool): 01:15.89 Kalmthout 08/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.89	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:25
Heat: 9/10 Lane : 6 Athlete: LAZEROMS SIEN					Q-time: 01:17:09
PB (25m pool): 01:17.09 Kalmthout 08/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.09	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 15:27
Heat: 10/10 Lane : 4 Athlete: LUYTEN JULIE					Q-time: 01:08:13
PB (25m pool): 01:08.13 Kalmthout 08/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.13	
	no time				
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:33
Heat: 3/6 Lane : 3 Athlete: CLAESSENS VIC					Q-time: 01:18:98
PB (25m pool): 01:18.98 Sportoase De Watermolen 21/07/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.89		01:18.98	
	00:35.89		00:43.09		
					

Coach feedback:

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Event number: 8: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:33
Heat: 3/6 Lane : 5 Athlete: JOOSEN CIS					Q-time: 01:22:38
PB (25m pool): 01:22.38 Kalmthout 08/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.38	
	no time				
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:39
Heat: 6/6 Lane : 6 Athlete: JORISSEN QUINTEN					Q-time: 01:07:01
PB (25m pool): 01:07.01 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.55		01:07.01	
	00:32.55 00:34.46				
					

Coach feedback:

Event number: 9: 100M MEDLEY MIXED 10-9					Heat:3, starttime: 15:46
Heat: 3/3 Lane : 1 Athlete: MATTHEEUSEN OLIVIA					Q-time: 01:39:52
PB (25m pool): 01:39.52 Herentals 09/05/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.05		01:39.52	
	00:45.05 00:54.47				
					

Coach feedback:

Event number: 9: 100M MEDLEY MIXED 10-9					Heat:3, starttime: 15:46
Heat: 3/3 Lane : 4 Athlete: DELVA SAM					Q-time: 01:36:46
PB (25m pool): 01:36.46 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.49		01:36.46	
	00:42.49 00:53.97				
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 16:17
Heat: 6/9 Lane : 4 Athlete: MAVRIQI ARRITA			Q-time: 00:42:27
PB (25m pool): 00:42.61 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:42.27 SB: no time			
	2 5 M	5 0 M	
PB		00:42.61	
		00:42.61	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 16:20
Heat: 8/9 Lane : 1 Athlete: BROUWERS PHEBE			Q-time: 00:40:58
PB (25m pool): 00:43.31 Antwerpen 12/10/2025 PB (50m pool): 00:40.93 SB: no time			
	2 5 M	5 0 M	
PB		00:43.31	
		00:43.31	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 16:20
Heat: 8/9 Lane : 4 Athlete: LAZEROMS SIEN			Q-time: 00:38:32
PB (25m pool): 00:38.59 Kalmthout 08/02/2026 PB (50m pool): 00:39.41 SB: no time			
	2 5 M	5 0 M	
PB		00:38.59	
		00:38.59	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 16:21
Heat: 9/9 Lane : 3 Athlete: LUYTEN JULIE			Q-time: 00:32:91
PB (25m pool): 00:32.91 Sint-Amandsberg 19/10/2025 PB (50m pool): 00:33.24 SB: no time			
	2 5 M	5 0 M	
PB		00:32.91	
		00:32.91	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:4, starttime: 16:27
Heat: 4/9 Lane : 5 Athlete: CLAESSENS VIC			Q-time: 00:44:96
PB (25m pool): 00:44.96 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:46.10 SB: no time			
	2 5 M	5 0 M	
PB		00:44.96	
		00:44.96	
			

Coach feedback:

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 16:34
Heat: 1/3 Lane : 2 Athlete: VAN GESTEL JULINE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 16:34
Heat: 1/3 Lane : 4 Athlete: DOCKX JAMES			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 16:37
Heat: 3/3 Lane : 2 Athlete: MATTHEEUSEN OLIVIA			Q-time: 00:38:36
PB (25m pool): 00:42.22 Hoogstraten 28/09/2025 PB (50m pool): 00:38.36 SB: no time			
	2 5 M	5 0 M	
PB		00:42.22	
		00:42.22	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 16:37
Heat: 3/3 Lane : 3 Athlete: VAN LOON SCOUT			Q-time: 00:36:66
PB (25m pool): 00:36.66 Kalmthout 08/02/2026			PB (50m pool): 00:37.28 SB: no time
	2 5 M	5 0 M	
PB		00:36.66	
		00:36.66	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:44
Heat: 6/11 Lane : 1 Athlete: MAVRIQI ARRITA			Q-time: 00:33:24
PB (25m pool): 00:33.24 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:33.45 SB: no time
	2 5 M	5 0 M	
PB		00:33.24	
		00:33.24	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:44
Heat: 6/11 Lane : 6 Athlete: CLAESSENS MARIE			Q-time: 00:33:33
PB (25m pool): 00:33.33 Herentals 09/05/2026			PB (50m pool): 00:34.16 SB: no time
	2 5 M	5 0 M	
PB		00:33.33	
		00:33.33	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:47
Heat: 9/11 Lane : 3 Athlete: BROUWERS PHEBE			Q-time: 00:30:74
PB (25m pool): 00:30.76 Kalmthout 08/02/2026			PB (50m pool): 00:30.74 SB: no time
	2 5 M	5 0 M	
PB		00:30.76	
		00:30.76	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:47
Heat: 9/11 Lane : 4 Athlete: VAN GINNEKEN MARIT			Q-time: 00:30:74
PB (25m pool): 00:30.74 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:30.74 SB: no time			
	2 5 M	5 0 M	
PB		00:30.74	
	00:30.74		
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:48
Heat: 10/11 Lane : 1 Athlete: MATTHEEUSEN ELLA			Q-time: 00:30:01
PB (25m pool): 00:30.01 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:30.89 SB: no time			
	2 5 M	5 0 M	
PB		00:30.01	
	00:30.01		
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:48
Heat: 10/11 Lane : 3 Athlete: MICHIELSEN JINTHE			Q-time: 00:28:84
PB (25m pool): 00:28.84 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:29.43 SB: no time			
	2 5 M	5 0 M	
PB		00:28.84	
	00:28.84		
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:48
Heat: 10/11 Lane : 4 Athlete: BROUWERS MISCHA			Q-time: 00:29:06
PB (25m pool): 00:29.06 Temse 17/11/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:29.06	
	00:29.06		
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: AZK

Event number: 15: 50M FREESTYLE MEN 11+					Heat:3, starttime: 16:53				
Heat: 3/10 Lane : 3 Athlete: JOOSEN CIS					Q-time: 00:32:67				
PB (25m pool): 00:32.95 Kalmthout 08/02/2026					PB (50m pool): 00:32.67 SB: no time				
	2 5 M		5 0 M						
PB			00:32.95						
			00:32.95						
									

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+							Heat:4, starttime: 16:54	
Heat: 4/10 Lane : 4 Athlete: CLAESSENS VIC							Q-time: 00:31:98	
PB (25m pool): 00:32.95 Stedelijk Zwembad Geel 15/02/2026							PB (50m pool): 00:31.98SB: no time	
	2 5 M		5 0 M					
PB			00:32.95					
			00:32.95					
								

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+							Heat:9, starttime: 16:59	
Heat: 9/10 Lane : 6 Athlete: JORISSEN QUINTEN							Q-time: 00:26:45	
PB (25m pool): 00:26.45 Herentals 09/05/2026							PB (50m pool): 00:27.44SB: no time	
	2 5 M		5 0 M					
PB			00:26.45					
			00:26.45					
								

Coach feedback:

Event number: 16: 4x50M MEDLEY MIXED							Heat:3, starttime: 17:27	
Heat: 3/3 Lane : 3 Athlete: TEAM AZK 1							Q-time: 02:04:30	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: